## Susan Marie Tucker, OTD, OTR/L, ATP

### March, 2023

## **Contact Information**

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Program in Occupational Therapy

Washington University School of Medicine

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## **Present Position**

2019 – present Instructor, Occupational Therapy & Neurology

Program in Occupational Therapy

Washington University School of Medicine, St. Louis, MO

## **Education**

Undergraduate

2000 Bachelor of Arts in Psychology

Washington University, St. Louis, MO

Graduate

2002 Master of Science in Occupational Therapy

Washington University School of Medicine, St. Louis, MO

2014 Postgraduate Doctor of Occupational Therapy

Washington University School of Medicine, St. Louis, MO

## **Academic Positions / Employment**

1996 – 2000	Student Athletic Trainer Washington University in St. Louis, St. Louis, MO
1998 – 2002	Applied Behavior Analysis Paraprofessional St. Louis Special School District, St. Louis, MO
2001 – 2015	Personal Care Attendant Independent Contractor, St. Louis, MO
2002 – 2003	Research Coordinator Paraquad, Inc. & Washington University Program in Occupational Therapy, St. Louis, MO
2003 – 2009	Occupational Therapist Washington University School of Medicine, St. Louis, MO

2009 – 2019 Clinical Specialist Occupational Therapist
Washington University School of Medicine, St. Louis, MO

# **Clinical Title and Responsibilities**

Occupational
Therapist
Assistive
Technology
Professional

- Conduct occupational therapy and assistive technology assessments for clients in clinic, home and at the workplace
- Administer wheelchair evaluations/assessments and recommend and fit equipment
- Perform evaluations and training for wheelchair propulsion
- Conduct pressure mapping assessments
- Conduct clinical research related to seating and mobility intervention

# **Teaching Title and Responsibilities**

2008-2012	Tutor, OT5301 Problem Based Learning Tutorial: Clinical Reasoning
2010-2012	Lab Instructor/Guest lecturer, OT5491 Innovations of Assistive Technology to
	support participation
2011-2012	Lab Instructor, OT5162 Environments that Influence Daily Activities
2013-2013	Group Leader, OT5164 Environmental Factors Facilitating Performance and
	Participation
2013-2013	Course Director, OT595 Independent Study
2013-2020	Co-Course Director and tutor, OT5801 Case Based Learning I
2013-2020	Course Director, OT605 Applied Clinical Practice I
2013-2020	Course Director, OT606 Applied Clinical Practice II
2014-2020	Course Director, OT607 Applied Clinical Practice III
2014-2020	Course Director, OT608 Applied Clinical Practice IV
2014-2020	Co-Course Director and tutor, OT5802 Case Based Learning II
2014-2016	Co-Course Director and lab instructor, OT5220 Supporting Participation with
	Technology and Environmental Interventions
2017-2020	Lab Instructor/Guest lecturer, OT5220 Supporting Participation with Technology
	and Environmental Interventions
2019-2019	Course Director, OT595 Independent Study
2020-present	Co-Course Director and tutor, OT643 Case Based Learning II
2020-present	Co-Course Director and tutor, OT653 Case Based Learning III
2020-present	Course Director, OT638 Mentored Scholarship I
2020-present	Course Director, OT648 Mentored Scholarship II
2020-present	Course Director, OT658 Mentored Scholarship III
2022-present	Co-Course Director, OT627 Enabling Community Living
2022-present	Course team member, OT629 Biomechanics
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# **University Committees and Activities**

2013 –2016	Member, Advanced Interprofessional Education Committee, Washington University School of Medicine, St. Louis, MO
2016 – present	OT Representative for Health Professional Student Leadership Council,
2018—2020	Washington University School of Medicine, St. Louis, MO Center for Interprofessional Education Standardized Patient Team Experience
2020	Facilitator, Washington University School of Medicine, St. Louis, MO
2020present	Student Advisor Coordinator Program in Occupational Therapy
	Washington University School of Medicine St. Louis, MO
2021-2021	Member, Faculty Search Committee, Program in Occupational Therapy
	Washington University School of Medicine St. Louis, MO
2021 – present	Member, Committee on the Academic and Professional Evaluation of Students
	Program in Occupational Therapy, Washington University School of Medicine St.
	Louis, MO
2022 –present	Member, Faculty Senate
•	Washington University in St Louis, St. Louis, MO
2022 -present	Member, Inclusive OT Education Committee, Washington University School of Medicine, St. Louis, MO
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# **Medical Licensure and Certification**

2003-present	National Board of Certification for Occupational Therapy Certification number: 1064422 Active
2003 – present	Missouri Board of Registration License number: 2003024186 Active

2007 – present Assistive Technology Professional

# **Honors and Awards**

1998	NCAA Championship, Division III Women's Basketball-Washington University
1999	NCAA Sectional Tournament All-Tournament Team, Women's Basketball
1999	All UAA Conference Second Team Selection, Women's Basketball
1999	NCAA Championship, Division III Women's Basketball-Washington University
2000	All UAA Conference Second Team Selection, Women's Basketball
2000	NCAA Championship, Division III Women's Basketball-Washington University
2001	Pi Theta Epsilon Honor Society for Occupational Therapy
2003	Volunteer of the Year, St. Louis Wheelchair Athletic Association
2007	National Women's Football Association Rookie of the Year Award
2011	Individual Sports Hall of Fame Inductee, Washington University in St. Louis
2013	Pi Theta Epsilon Honorable Inductee
2014	Team Sports Hall of Fame Inductee, Washington University in St. Louis
2014	Graduated with High Honors with Doctor of Occupational Therapy, Washington
	University School of Medicine, St. Louis, MO
2016	Order of Ikkos Award Silver Medal 2016 Paralympic Games Wheelchair Rugby

2021 Order of Ikkos Award Silver Medal 2021 Paralympic Games Wheelchair Rugby

# **Editorial Responsibilities**

2017 – present	Reviewer, PLOS One
2019 – present	Reviewer, Journal of Spinal Cord Injury Medicine

# National Panels, Committees, Boards

2016 – present Member, Clinician Task Force (CTF) –CTF is a national non-profit organization of

experienced professionals who practice, serve and provide education to and

advocate for individuals requiring complex rehab technology.

# **Community Service Contributions**

2001 – present	Head Coach, St. Louis Wheelchair Rugby, St. Louis, MO
2005 - 2008	Member, Steering Committee Assistive Technology Consumer Fair, St. Louis, MO
2007 - 2008	Member, Race Committee Roll on the River 5K, St. Louis, MO
2007 - 2017	Member, Selection Committee United States Quad Rugby Association
2010 – present	Member, Show Me Response St. Louis County Medical Reserve Corps, St. Louis,
-	MO
20122021	Member, Selection Committee Team USA Wheelchair Rugby, Birmingham, AL
20152016	Member, She Leads Committee, Washington University, St. Louis, MO
2013 - 2021	Assistant Coach, USA Wheelchair Rugby National Team

## **Professional Societies and Organizations**

2003 - 2004	Member, Rehabilitation Engineering and Assistive Technology Society of North
	America
2006 - 2007	Member, American Occupational Therapy Association
2007 - 2008	Member, American Public Health Association
2011 - 2012	Member, American Public Health Association
2012 – present	Member, American Occupational Therapy Association
2016 – present	Member, Clinician Task Force
2018 – present	Member, Rehabilitation Engineering and Assistive Technology Society of North
	America
2020 – present	Member, National Academic Advising Association (NACADA)
2022 -present	Member, World Federation of Occupational Therapists

## **Consulting Relationships and Board Memberships**

2009 - 2017	Member, Greater St. Louis Recreation Council Board
2010 - 2016	Committee Member, Maryville University Institutional Review Board
2021 -present	Member, Gateway Housing Service Project Community Practice Advisory Board

## Research

Role: Research Staff

*Title*: Assistive Technology in the Community *Principal Investigator*: David B. Gray, PhD

*Duration*: 2003 – 2006

Funding Source: DOE/NIDRR (H133A010701)

Award: \$1,500,000

Role: Project Coordinator

Title: Exercise Programs and Health Promotion for Unserved and Underserved People with Mobility

**Impairments** 

Principal Investigator: David B. Gray, PhD

*Duration*: 2005 – 2007

Funding Source: Missouri Foundation for Health

*Award*: \$508,423

Role: Principal Investigator

Title: Drivers with Tetraplegia: Strength, endurance and other Contributing Characteristics

*Duration*: 2009 – 2011

Funding Source: University of Missouri Spinal Cord Injury Foundation

Award: \$50,000

Role: Project Occupational Therapist Evaluator

Title: "Measurement of Medical Rehabilitation Outcomes: R2: Validation of New Measures

of Cognitive Function and Performance in Individuals with Stroke, SCI, and TBI"

Principal Investigator: Allen Heinemann, PhD, R2 Principal Investigator: David Tulsky, PhD, St Louis

Project Director: Carolyn Baum, PhD

Duration: 2011-2012

Funding Source: NIDRR (H133B090024)

Award: \$4,250,000

Role: Project Occupational Therapy Specialist

Title: Effect of Wheelchair Training for New Manual Wheelchair Users (Year 2)

Principal Investigator: Kerri Morgan, MSOT, OTR/L, ATP

*Duration*: 2013 – 2014

Funding Source: Missouri Spinal Cord Injuries Research Program

Award: \$96,844

Role: Project Occupational Therapy Specialist

Title: Application of the WMS for Advanced Physical Training and Endurance Testing of Manual

Wheelchair Users

Principal Investigator: Kerri Morgan, MSOT, OTR/L, ATP

*Duration*: 2015 – 2016

Funding Source: Missouri Spinal Cord Injury/Disease Research Program

Award: \$82,521

Role: Project Occupational Therapy Specialist

Title: Assessment and Training for Participation in Adapted Sports and Recreation

Principal Investigator: Kerri Morgan, PhD, OTR/L, ATP

*Duration*: 2016 – 2017

Funding Source: Craig H. Neilsen Foundation (Quality of Life Project Grant)

Award: \$47,256

Role: Project Occupational Therapy Specialist

Title: Exercise Training in a Community-Based Setting for People with Spinal Cord Injuries

Principal Investigator: Kerri Morgan, PhD, OTR/L, ATP

*Duration*: 2017 – 2019

Funding Source: Craig H. Neilsen Foundation (Psychosocial Research Grant)

Award: \$199,844

Role: Project Occupational Therapy Specialist

Title: Wheelchair user physical activity training intervention to enhance cardiometabolic health

(WATCH): A community-based randomized control trial *Principal Investigator*: Kerri Morgan, PhD, OTR/L, ATP

*Duration*: 2/1/23 – 1/31/2028

Funding Source: National Institutes of Health - Eunice Kennedy Shriver National Institute of Child

Health and Human Development

Award: \$2,721,542

# **Trainee/Mentee/Sponsorship Record**

# **Independent Study Students**

2013 Kristin Will2019 Rachel Wurtzel

### Level II Fieldwork Students-OTA

2008 Juliet Kerman

### Level II Fieldwork Students-OT

2005 Paula Frey

2005 Timothy Wolf

2006 Molly Listenberger

2006 Angela Monzin

2007 Katriona Buhler

2009 Suzy Crumbaugh

2020 Melanie Hubbuck

### **Capstone/DEC Students**

- 2017 Christopher Enke-Capstone goal: gain advanced clinical skills in seating and mobility and gain experience with teaching.
- 2022 Kayleigh Sukow-Capstone goal: gain advanced clinical skills in seating and mobility. Student passed ATP exam and currently accruing hours in AT provision for full ATP certification.

# **OT Doctoral Projects**

- 2021 Kayleigh Topel & Erin Tormey; An observational study of personal and environmental factors associated with attendance at a community-based adaptive fitness center for adults with physical disabilities.
  - \*published and awarded the Occupational Therapy Research Award May, 2022
- Alicia Mullings; Exploring the physical activity of adults aging with long-term physical disabilities: a qualitative study.
  - Heeb, R., Kiserow, R., Mullings, A., Smith, M., **Tucker S.**, Eyler, A., Stark, S., Morgan, K. (2022, November). Exploring the physical activity of adults aging with long-term physical disabilities: a qualitative study.
  - \*Poster presented at the 2022 American Congress of Rehabilitation Medicine, Chicago, IL.
  - \*Awarded "best early career poster in geriatric rehabilitation" by ACRM
  - \*Published article in American Journal of Health Promotion

## **Masters of Science in OT Projects**

- 2014 Sarah Brodie; Pressure Relief Education for Wheelchair Users Living in the Community
- 2015 Erica McNelly; Evaluation of Client Satisfaction with Their Mobility Device and Related Services
- 2016 Aaron Murray; Development of the Seating and Mobility Resource Tool
- 2017 Vicotria (Tori) Courts; Community Participation Among Mobility Device Users
- 2017 Joseph Wymore; Differences in Mobility Device User's Perceived Effectiveness with New Mobility Devices by Funding Source
- 2018 Jessica Erb; Wheelchair Skills Test Outcomes at the Washington University in St. Louis Seating and Mobility Clinic
- 2018 Alexis (Lexi) Cirrincione; Effectiveness of the Wheelchair Propulsion Test to measure outcomes of seating
- 2019 Ritchey, Gabrielle: Factors Affecting Functional Mobility Assessment Scores at the Washington University Seating and Mobility Clinic

## **Bibliography**

Original, Peer-Reviewed Articles in Refereed Journals

- 1. Morgan, K. A., **Tucker, S. M.**, Engsberg, J. R., & Klaesner, J. (2015). A motor learning approach to wheelchair training for new manual wheelchair users: A pilot study. Journal of Spinal Cord Medicine, 1-20.
- Glueck, D.A., Grice, G.R., Rea, G.B, Perlmutter, M.S., Rotter, B., Hageman, H., Pitt, J. Tucker, S., Bunt, G., Weber, A. & McConachie, A. (2015). Building Interprofessional Simulations that Emphasize Flexibility and Teamwork in Treatment Planning. Journal of Interprofessional Education & Practice. DOI: https://doi.org/10.1016/j.xjep.2015.07.032
- 3. Morgan K.A., Taylor, K.L., **Tucker, S.M.**, Cade, W.T., Klaesner, J. (2018). Exercise testing using a roller system for manual wheelchair users with spinal cord injury. Journal of Spinal Cord Medicine. DOI: 10.1080/10790268.2018.1443542

- 4. Morgan, K. A., Paton, S., Patten, A., **Tucker, S.**, & Walker, K. (2021). Community-based exercise goals of persons with spinal cord injury: Interpreted using the International Classification of Functioning, Disability, and Health. *The Journal of Spinal Cord Medicine*, 1-10.
- 5. Morgan, K., Heeb, R., Walker, K., **Tucker, S.**, & Hollingsworth, H. (2022). Impact of the COVID-19 Pandemic on Psychosocial Health of Persons With Spinal Cord Injury: Investigation of Experiences and Needed Resources. *Topics in Spinal Cord Injury Rehabilitation*, 28(2), 185-195.
- 6. Morgan, K. A., Taylor, K., Walker, C. W., **Tucker, S.**, Dashner, J. L., & Hollingsworth, H. (2022) Mobility disability and exercise: Health outcomes of an accessible community-based center. *Frontiers in Rehabilitation Sciences*, 37.
- 7. Morgan, K. A., Heeb, R., Flynn, A., Sukow, K., Tormey, E., **Tucker, S.**, Walker, K. & Hollingsworth, H. (2022). An observational study of personal and environmental factors associated with attendance at a community-based adaptive fitness center for adults with physical disabilities. *Disability and Health Journal*, 101342.
- 8. Morgan, K., Heeb, R., Walker, K., **Tucker, S.**, & Hollingsworth, H. (2022). Impact of the COVID-19 Pandemic on Psychosocial Health of Persons With Spinal Cord Injury: Investigation of Experiences and Needed Resources. Topics in Spinal Cord Injury Rehabilitation, 28(2), 185-195.
- 9. Heeb Desai, R., Kiserow, R., Mullings, A., Smith, M., **Tucker, S.**, Eyler, A., ... & Morgan, K. (2023). Exploring the Perspectives of Adults Aging With Long-Term Physical Disabilities on Physical Activity: A Qualitative Study. *American Journal of Health Promotion*, 08901171221151123.

## **Book Chapters**

1. Morgan, K. A., Taylor, K. L., & **Tucker, S.** (2022). Rehabilitation in spinal cord injury: Exercise and testing for cardiorespiratory endurance and musculoskeletal fitness. In V. Preedy (Ed.), *The Neuroscience of Spinal Cord Injury* (pp. 513-524). Elsevier. <a href="https://doi.org/10.1016/B978-0-12-822498-4.00040-3">https://doi.org/10.1016/B978-0-12-822498-4.00040-3</a>

## Articles in Professional Magazines

- 1. Morgan, K. & Tucker, S. Adaptive Sports for Nonmilitary Clients. OT Practice. May 2007.
- 2. **Tucker, S. M.** Walker, C.W. Taylor, K.L. Walker, K.A. & Morgan, K. (2017). Evaluation Considerations in a Community-Based Seating and Mobility Clinic. SIS Quarterly Practice Connections: A Supplement to OT Practice, 2(1), 10-12.
- 3. **Tucker, S.** Elite Wheelchair Rugby: Paralympics, Pandemic and Positioning. Directions. 2021 (6) December, 2021. Pp. 16-17.

### Peer-Reviewed Presentations

- 1. **Tucker**, **S.**, Morgan, K., Gray, D.B., Listenberger, M. & Monzin, A. Health Promotion and Exercise Programs Offered at a Community Based Center. American Occupational Therapy Association, St. Louis, MO, April 2007.
- 2. **Tucker, S.**, Gray, D.B., Morgan, K., Listenberger, M. & Monzin, A. Use of Health Handbooks to Promote Health and Wellness for People with Mobility Impairments. American Public Health Association, Washington DC, November 2007.
- 3. Gray, D.B. & **Tucker**, **S.** Influence of a community based exercise program for people with mobility impairments and limitations on health. American Public Health Association, Washington DC, October 2011.

- 4. **Tucker, S.** & Smith, M. Influence of a community based exercise program on fitness, endurance and strength of mobility device users. American Occupational Therapy Association, Indianapolis, IN, April, 2012.
- 5. **Tucker**, **S.**, Hawkins-Chernof, B. & Walker, C. Assistive Technology for Young Adults with Physical Disabilities Transitioning to Work/College. Missouri Occupational Therapy Association, Lake Ozark, MO, November, 2012.
- 6. Bender, M. & **Tucker**, **S.** Implementing the FEW into Everyday Best Practices. International Seating Symposium, Nashville, TN, March, 2013.
- 7. **Tucker**, S., Morgan, K., Will, K. Manual Wheelchairs: Evaluation & Training. Missouri Occupational Therapy Association, St. Louis, MO, November, 2013.
- 8. **Tucker, S.**, Walker, C. & Bender, M. Outcome of Utilizing FMA & Team Approach in a Community-Based Seating Clinic. International Seating Symposium, Nashville, TN, February, 2015
- 9. **Tucker, S.** Motor learning approach for training manual wheelchair users. International Seating Symposium, Nashville, TN, April, 2017.
- 10. **Tucker, S.** Outcomes in a Community Based Wheelchair Seating Clinic. International Seating Symposium, Nashville, TN, April, 2017.
- 11. **Tucker, S.** & Morgan, K. Therapists guide for evaluation, selection, fitting and training with adaptive sports equipment. American Occupational Therapy Association, Salt Lake City, UT, April, 2018.
- 12. **Tucker**, **S**. & Bender, M. Extreme Positioning for FSH Muscular Dystrophy-A Case Report. International Seating Symposium, Pittsburgh, PA, March, 2019.

## Peer-Reviewed Poster Presentations

- 1. Gray DB, Hollingsworth HH, Morgan KA. Dashner J, Walker C, **Tucker S**, Lyles M, Curl DS, Scheller M. Assessment of Community Participation for Individuals with Mobility Impairments. American Public Health Association Annual Meeting, Boston, MA. November, 2006.
- 2. Gray, D.B., Hollingsworth, H.H., Morgan, K.A., Dashner, J., Walker, C., **Tucker**, **S.**, Lyles, M., Walker, K., DeGroot, K. Mobility Device Skills Assessed by Four Groups of Mobility Device Users. American Public Health Association Annual Meeting, Boston, MA. November, 2006.
- 3. **Tucker, S.M**, Hawkins-Chernof, B. & Walker, C.W. Assistive Technology for Young Adults with Physical Disabilities transitioning to work/college. American Occupational Therapy Association, San Diego, CA. April, 2013.
- 4. Glueck, D.A., Grice, G.R., Rea, G.B, Perlmutter, M.S., Rotter, B., Hageman, H., Pitt, J. **Tucker, S.**, Bunt, G., Weber, A. & McConachie, A. Building Interprofessional Simulations that Emphasize Flexibility and Teamwork in Treatment Planning. Association of Standardized Patient Educators Annual Meeting. Indianapolis, IN. June, 2014.
- 5. Perlmutter, M.S., **Tucker**, **S.**, Harris, D., Grice, G. Identifying Communication Behaviors that Promote Interprofessional Teamwork among Health Care Profession Students. American Occupational Therapy Association, Philadelphia, PA, April, 2017.
- 6. **Tucker, S.**, Perlmutter, M.S. Impact of Case-Based Learning Course on Occupational Therapy Student Clinical Reasoning Skills. American Occupational Therapy Association, Salt Lake City, UT, April, 2018.
- 7. Morgan, K., Taylor, K., Dashner, J., **Tucker, S.**, Walker, C., Bean-Kampwerth, L., Smith, M. & Hollingsworth, H. (2018). A Community-Based Exercise Program for Individuals with a Mobility Disability. *Archives of Physical Medicine and Rehabilitation*, *99*(12), e190.
- 8. Heeb, R., Kiserow, R., Mullings, A., Smith, M., **Tucker S.**, Eyler, A., Stark, S., Morgan, K. (2022, November). Exploring the physical activity of adults aging with long-term physical disabilities: a qualitative study.